

## DRESS TO IMPRESS

It is said, "You never get a second chance to make a first impression." The first impression can be that of a professional ready to join the company; or it can be someone who is not taken seriously and passed over for a different candidate. When you are job seeking and at any type of function where recruiters will be attending (career fair, networking dinner, interview, etc.), it is always best to give consideration to your appearance. Employers want employees who dress appropriately for the job, are well groomed, and who are hygienic.

### FOR WOMEN

- Suits are great.
- Blouse (watch button formation) or nice scooped neck shirt.
- Dress slacks or skirt (appropriate length).
- Flats or low heels are best.
- No open toed sandals; no overly high heels.
- Minimal jewelry.



### FOR MEN

- For interviews and job seeking career fair attendees, suits or slacks and sport jacket.
- For business casual, long-sleeve button-down shirt or a plain polo style shirt with nice slacks.
- Neckties are a good choice.
- Socks should match pants.
- Dress shoes (match or darker).



### FOR MEN AND WOMEN

- Clothes should be clean and fit well (not too tight or too loose).
- Clean and polished dress shoes or dress boots.
- Well-groomed hair.
- Cleaned/trimmed fingernails.
- Clean teeth and fresh breath.
- Minimize your use of cologne or perfume (make sure that you smell free of natural body odors, and other odors such as cigarette smoke).
- No visible body piercing beyond the conservative.
- Check your attire in the rest room just before your interview for a final check of your appearance... make sure your shirt is tucked in, hair combed, everything in place!

### DRESS FOR LESS

Goodwill, resale stores, and thrift shops located in upscale areas can be a great resource for inexpensive business clothes. Be picky, take your time to go through the racks, and make sure it fits and is made well. Look through the items for damage. Take the clothing to the cleaner prior to wearing.

*"Business casual is always good for events such as the career fair. Business professional is usually most appropriate for interviews. When in doubt - dress business professional."*

*ArcelorMittal*

*"Dress up! The first impression is what makes you stick out."*

*Whiting Petroleum*