



## A Personalized Approach

• The Stepped Care Model is a multi-faceted system of services and programs that seeks to meet students where they are in the change process while promoting autonomy and empowerment.

• The most clinically effective and efficient interventions are offered in partnership with students to best meet their unique needs.

• Students are coached in the creation of connections within the Mines community to support ongoing thriving and belonging.

Learn more about our unique service model:





## COUNSELING CENTER

AT COLORADO SCHOOL OF MINES.

The Counseling Center is staffed by licensed and experienced professionals skilled in handling a variety of presenting concerns. Services are designed to assist students in resolving issues that interfere with their ability to successfully navigate the Mines journey. Services are confidential, voluntary and covered by student fees.

### Contact Us

Hours: 8am-5pm M-F  
303-273-3377  
[counseling@mines.edu](mailto:counseling@mines.edu)

W. Lloyd Wright  
Student Wellness Center  
1770 Elm St. Golden, CO 80401



### Emergency Resources & After-Hours Support

Colorado Crisis Services  
Support 24/7/365  
Call: 1-844-493-TALK (8255)  
Text: "TALK" to 38255  
Chat: [coloradocrisiservices.org/chat](https://coloradocrisiservices.org/chat)

National Suicide Prevention Lifeline  
Call: 1-800-273-TALK (8255)