

CASA First-Year Family Newsletter

December/Winter Break 2023 Issue



Welcome to the CASA First-Year Family Newsletter! This opt-in newsletter will be sent out three times per semester to help keep parents, families, and guardians up-to-date on academic advising for the first-year student. We will feature different advisor profiles, academic services, tips to support your student, programs, and important dates each month.

Important Dates

- Last day of classes - December 6th
- Final Exams - December 8th-9th, 11th-13th
- Commencement - December 15th
- Final grades available on transcript - December 21st
- Winter Break - December 18th-January 8th
- Spring 2024 classes start - January 9th
- Click [HERE](#) to see the full academic calendar online

Advisor Highlight:

Lisa Anderson

**Lisa Advises first-year students
with last names K-Q**



About Lisa: Born and raised here in Colorado. Mines graduate in Petroleum Engineering (2006). I love crafts, Colorado summers, and dogs. Favorite things about Golden are the views and the great restaurants!

Advice from Lisa: Be willing to try something new. Whether that is checking out a different major, joining a student organization, or trying a new study strategy, trying something new will lead to new discoveries to help you on our journey here at Mines.

Student Staff Highlight:

Connor Dunfee

Core Review Facilitator for Physics I

About Connor: I was born and raised in Castle Pines, Colorado. At Mines, I am involved in the Grand Challenge Scholars Program and the American Chemical Association. In my free time I play the cello and spend time in the lovely Colorado weather no matter the season.

Advice from Connor: Mines can feel very daunting when you're first starting out. But no one tells you that you're all in the same scenario and everyone has been through that feeling before. Recognizing this can really help breakdown some of those nerves of meeting people for the first time and forming those connections. Continuing that, get involved! You'll hear this every other week because it's so important. Join a club or a sport or both! Take this year to really find what works for you academically, socially, and emotionally, and I'm sure you'll have a great experience and tons of fun at Mines!

Tips and Tricks to Help Your Student

- Final exams are around the corner and this can be a stressful time for students. Good tips to help with finals:
 - Create a study schedule for final exams to ensure enough time and material is dedicated to each class.
 - Plan ahead to attend faculty office hours or tutoring help to get those last questions answered prior to the exam.
 - Take breaks while studying, the brain needs rest too.
 - Get a good night's sleep the night before each exam.
- Winter break is a great time to relax and recharge from the rigor of the academic year. It can also be a good time for your student to reflect on the fall semester and plan ahead for the spring term. Some things for students to consider:
 - Think about what went well and how you can continue those good habits in the spring semester.
 - Think about things you might want to adjust or change and write down a plan or ideas on how you can incorporate those changes into your routines.
 - Develop 1-3 goals you want to accomplish by the end of the spring semester, write out steps to achieve those goals, and think about how you will track your progress.
- CASA offers great online resources for time management, study skills, and academic wellness. Click [HERE](#) for the full list of resources.
- All first-year students are enrolled in our advising Canvas course. Canvas will have information on degree plans, registration, academic policies, minors, and more.

Academic Support: Academic Coaching



Academic Coaching provides one-on-one support for students needing help with academic skills and strategies. Often this includes test-preparation techniques, test-taking skills, time management skills, and more. The CASA staff work to individually support students by addressing their individual needs.

<https://www.mines.edu/casa/academic-support/coaching/>

Check out these programs!

Economics

Our Bachelor of Science degree is grounded in math, engineering, and the sciences. Many private companies and public organizations need leaders and managers who understand not only economics and business, but also science and technology. We graduate technology literate economists with quantitative economics and business skills that give them a competitive edge.

<https://econbus.mines.edu/undergraduate-programs-3/>



Business Engineering & Management Science

The program prepares students in STEM to be leaders in an increasingly data and technology driven business world. The degree is built on two core areas: 1. Business Principles, which prepares students in accounting, finance, marketing, communication, strategy, and product management; and 2. Data Analytics and Operations Research, which focuses on data science, statistics, optimization, business analytics, artificial intelligence, and financial engineering.

<https://econbus.mines.edu/bachelor-of-science-in-business-engineering-and-management-science/>



Metallurgical & Materials Engineering

The program provides students with a fundamental knowledge of the processing, properties, selection, and application of structural and functional materials. We educate engineers who are on the leading edge of modern technology, constantly developing new materials for numerous applications including electronics, aerospace, transportation, biomedical, and energy.



<https://metallurgy.mines.edu/undergraduate-program/>

Ceramic Engineering

The program provides students with a fundamental knowledge to prepare them for careers in both technical and traditional ceramics. The program builds on the university's long-standing expertise in materials science and engineering, as well as Mines' cutting-edge ceramics research and facilities and strong relationships with industry. Developed in consultation and partnership with industry, this program has a strong focus on the new technical ceramics and glass.

<https://www.mines.edu/academics/ceramic-engineering/>



FERPA - Family Educational Rights to Privacy Act of 1974

The Family Educational Rights to Privacy Act of 1974 (FERPA) is a federal law that protects the privacy of student educational records, affording them certain rights with respect to those records. FERPA gives students who attend Mines the right to inspect and review their own education records. Furthermore, students have other rights, including the right to request amendment of records and to control the disclosure of personally identifiable information from those records.

<https://www.mines.edu/compliance/ferpa/>

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