



## Virtual Counseling Center Office Hours General Information and Consent

*Please review prior to attending a Counseling Center Forum*

Counseling Center office hours provide drop-in consultations via ZOOM. No appointment is necessary. Speaking with a counselor consultant can help provide insight, solutions and information about other helpful resources. Office hour visits do not constitute mental health treatment. These visits occur in a format where you may need to wait briefly before speaking to the counselor on duty.

Conversations with counselors during office hours may not be confidential, as other students may be accessing this service at the same time. Please be aware that this format is for general support and connection for those who attend. As with all online activity, privacy cannot be guaranteed.

If you are wanting a private, brief consultation with a counselor, you can request this option through our website or by calling 303-273-3377.

Counselors keep brief written notes of their contacts with students. Attendance information is collected so we can keep track of the students we serve. Visits to office hours are not considered part of a student's official university record.

If you have further questions, please ask the counselor on duty.

This notice will be posted in the chat section of this ZOOM offering. By connecting to our virtual service, it is expected that you read this information and are in agreement with its contents.

Thank you for your participation.