Untapped Learning works with students across the country, in person and remotely, to improve executive function skills and balance schoolwork with the rest of the college experience. We help students improve their organization, time management, planning, and task initiation. Building these skills helps to decrease procrastination. Our ultimate goal is to help students succeed—academically and beyond.

**WHAT WE DO**

**EXECUTIVE FUNCTION SKILLS**

- Organization • Time Management • Focus • Task Initiation
- Impulse Control • Working & Verbal Memory • Flexibility
- Planning & Problem Solving • Emotional Regulation

**WHY UNTAPPED?**

Our college coaching program helps students transition from the structure of high school to the independence of college. It can be tough for students to hold themselves accountable, which is where we come in! We help them develop the discipline to manage their workload and their time so they can enjoy the rest of their college experience without the worry of unfinished work weighing on them.

**THE BASICS**

We begin by pairing each student with the right mentor for their personality and learning style. From there, mentors and students meet weekly to track progress, check in about routines, discuss academic workload, and most importantly: make a plan.

**THE WEEKLY PLAN**

Mentors and students will develop a weekly plan for all assignments, big due dates, office hours to attend, study sessions, extracurriculars, exercise, and more. Together, they’ll break down daunting assignments into manageable tasks, helping to prevent procrastination!

**CHECK-INS**

Outside of sessions, mentors check in with students via texts or phone calls during the week to hold them accountable and make sure they’re on track to complete their workload.

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