

From: [Roelof Snieder](#)
To: [Faculty Senate](#)
Cc: [Emma Griffis](#); [Derek Morgan](#); [Roelof Snieder](#)
Subject: Proposal "Upscaling and Packaging Wellness Education at Mines"
Date: Sunday, November 1, 2020 10:16:18 AM
Attachments: [Prop_Wellness_Students_intention.pdf](#)

Dear Senators,

Attached is a summary for the proposal "Upscaling and Packaging Wellness Education at Mines" that we submit for your consideration for the Mines Signature Experience. Thank you for handling this statement of intent.

Best wishes, Roel Snieder

I will sometimes send e-mails out of hours; I do not expect others to do so.

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View my [online schedule](#). For best view click on "Week"

Please [contact Jane Ko](#) (jko@mines.edu) for all scheduling issues.

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Upscaling and Packaging Wellness Education at Mines

Roel Snieder, Emma Griffis, Derek Morgan

Academic Affairs, Student Life

The wellness of Mines students has been a reason of concern for several years. If the Mines education is to be *transformative and have and enduring value for students*—one of the Mines@150 goals—then wellness education should be part of the options for Mines undergraduates. Currently there is a wellness class (PAGN201) that reaches about 60 students per year. We propose to make wellness education an option for a significant fraction of Mines students by taking the following steps: (1) upscale PAGN201 so that it can be offered to 300 undergraduate students/year (using online components and/or big lectures in combination with small workgroups), (2) develop a wellness class for graduate students with a special emphasis on international students and minority students, (3) package and advertise the classes to be developed, as well as existing initiatives, and (4) coordinate these activities with stakeholders on campus (e.g., Every Oredigger, Counseling Center, Trefny Center).