



COLORADO

STATE OF COLORADO EMPLOYEE ASSISTANCE PROGRAM

Free Counseling and Support Services for State of Colorado Employees

<https://www.colorado.gov/c-seap>

(303) 866-4314

VIRTUAL HEALTH INFORMATION AND ACCESS



WWW.ANTHEM.COM

1-800-542-9402



WWW.MYCIGNA.COM

1-800-244-6224



WWW.MY.KP.ORG/STATEOFCOLORADO

1-888-681-7878



CONTACT THE MINES BENEFITS OFFICE AT MYBENEFITS@MINES.EDU