

Fall Summit Recap

REMINDERS:

- All events should be submitted through <u>this</u>
 <u>link</u>- our new ticket system
- Purchasing requests must be submitted a minimum 2 days in advance
- The last treasurer training of the semester will be OCT 12 12-1:30 in Brown 125
- NEW- Marilynn can now approve your flyers when you submit an event. Please submit your flyer with your event submission if you would like faster approval.
- NEW- Events will now be featured on the <u>SAIL website</u>. Any event submitted and approved the Friday before will be posted on the website for the week after. This will count as one of your advertising ONLY IF your event is approved the week before.

EVERY EVENT SUBMISSION REQUIRES:

- 1) A room reservation
- 2) An accommodation statement
- 3) One week in advance submissions

 <u>More Info Here</u>

SOCIAL MEDIA TAKEOVERS!

Applications will be accepted on a roll-in basis. For guidelines and to apply please fill out this form.



OCTOBER ORG OF THE MONTH



FIGHTING HUNGER AT MINES

FH@M started in 2019 and has been rapidly adapting to mold the needs of both the Mines' student body and the Golden community since. Starting off as helping hands at the local food pantry, we quickly shifted to bring wasted foodstuff to campus to address food insecurity issues flagged in our 2019 campus survey. When the pandemic hit, members shifted their focus to the community in helping start BgoldN. BgoldN rallied city council support in funding restaurants to provide free meals (over Imillion) for the community every breakfast and lunch. FH@M members handled logistics, volunteered handing out food, and even ran a home grocery delivery service that many Mines' students used. After students returned to campus, the group expanded the food pantry and laid out more sustainable partnerships to get fresh produce to campus through the city's pantry assistance grant. We were awarded \$4,000 through philanthropy tank to bring food to campus and help expand the pantry. We also held multiple cooking classes in attempt to increase accessibility to healthy, cheap, and community oriented eating. One of which was co-hosted by the cooks/own of Nosu Ramen and Abejas, which is going to expand into a cooking class series and hopefully continue to bridge the gap between students and the local community.



ORG OF THE MONTH AWARDS

We want to hear from you!

To nominate an org, please fill out this <u>form.</u>



HOMECOMING

Homecoming is right around the corner! Get your tickets today!
Student Openers: Student Delta
Sound & Delci & The Digs







Philanthropy Tank

Application is live for Philanthropy Tank on November 29th, with \$10,000 up for grabs. This Shark Tank-style event encourages students and clubs/orgs to pitch their ideas for improving the Mines campus and community. Each group has to submit an application and a pitch video. Finalists are then picked to participate in the Live Q&A session to present their idea, state their case of why they should win, and answer questions from our judges. Applications and pitch video Due November 1. More info here!

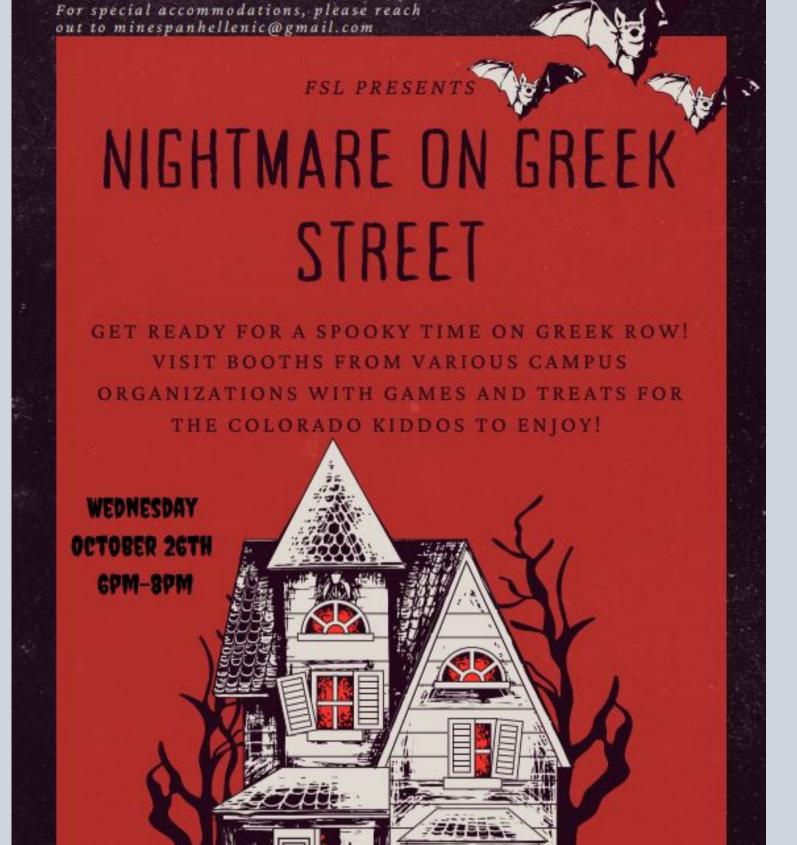


HISPANIC HERITAGE MONTH



My heritage goes past where my family or I might be from, or a place I like to brag about having some of the most natural landscapes in the world. It even goes much farther than the food, the culture, and the wonderful people who are sure to make you smile. To me, being Hispanic means having someone in my corner, no matter what corner of the world I'm in. It means love, empowerment, and most of all, a sense of belonging.





DISABILITY SUPPORT SERVICES

10/5/22: 11:00am - 1:00pm "Come Out as
Disabled" with Civility Speaker Matt
Glowacki - Maple Plaza
"Come Out as Disabled" is safe space
where people can claim their disability
identity and talk about what
discrimination looks like to them. This
tabling event on Maple Plaza gives
students with hidden and apparent
disabilities a chance to engage in person
in a supportive community.
Learn more about Matt Here!

10/5/22: 6:00- 7:00 pm "Nature Your Nurture" with Matt Glowacki - Student Center Ballrooms D/E

Matt's "Nurture Your Nature" presentation is an inclusive identity event that welcomes everyone and helps them better understand who they are, why they are, and what they want to be. Hear messages of resiliency, empowerment, and belongingness through Matt's storytelling and humor.

NEED TO RESERVE A ROOM FOR AN EVENT?

Reserve spaces for your organization here.

Room Reservation

Want something published in this newsletter next month?

<u>Click Here</u>

FALL SUMMIT STUDENT FOCUS GROUPS

SAIL is interested in gaining student feedback to help enhance Fall Summit in the future. If you would like to share your ideas or thoughts, please feel free to attend on Oct 14 from 1-2pm in the Earth room. Please RSVP!





Career and Industry Exploration: Upcoming Panels and Events

Career exploration does not stop with Career Day! The Career Center, in partnership with industry and company partners, offers a variety of career-focused events all semesterlong. These events are always free and open to all current students and recent graduates.

- Disability Disclosure and Accommodation Requests in the Workplace, October 19th, 4-5pm, virtual (Zoom): https://mines.zoom.us/webinar/register/WN_arMx5L6ATCih8jkcO-rXNA
- Alternative Engineering Careers Panel, November 2nd , 5-7pm, virtual (Zoom): https://mines.zoom.us/j/95530788926
- Graduate School Week, November 7th-11th, Daily, 12-1pm (lunch provided), Green Center 200F
- Careers in Consulting Panel, November 9th , 5-7pm, Green Center Metals Hall & Grand Lobby

Volunteer Opportunity

Volunteer opportunities available for tutors at Golden High School. If you are interested in tutoring local kids at the high school, please contact Christine DeMeyer cdemeyer@jeffcoschools.us

STAFF & FACULTY!

Looking to become an advisor to a club or org? Fill out this <u>interest form!</u>

VOLUNTEER WITH MAC

Volunteer with Mines Activities
Council during homecoming! For
more info sign up or contact
Delaney Lim at lim@mines.edu





Student and Faculty Upcoming Opportunities

QPR stands for Question, Persuade, and Refer — 3 simple steps that anyone can learn to help save a life from suicide. Just as people trained in CPR help save thousands of lives each year, people trained in QPR learn how to recognize the warning signs of a suicide crisis and how to question, persuade, and refer someone to help.

Those who attend this two-hour training will learn to:

- Recognize the warning signs of suicideKnow how to offer hope
- Know how to get help and save a life

Who should attend QPR? Every Oredigger!

QPR provides a basic introduction about suicide prevention and how to get someone to help.

Looking to request a QPR training for your club, organization or department for a different date? Email Bryttani Watson at bryttaniwatson@mines.edu.

We have a handful of QPR trainings scheduled for the fall semester: -Wednesday, November 2nd from 4-6pm in Ballroom C

-Tuesday, December 6th from 2-4pm in Alderson 130

Mental Health First Aid (MHFA) teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adults. You'll build skills and confidence you need to reach out and provide initial support to those who are struggling. You'll also learn how to help connect them to appropriate support.

After this training, you will be able to:

- -Recognize common signs and symptoms of mental health challenges.
- -Recognize common signs and symptoms of substance use challenges.
- -Understand how to interact with a person in crisis.
- -Know how to connect a person with help.-Use self-care tools and techniques.

Attendees should be retrained every 3 years.
Attendees must be present for the entire training, which consists of one full day.
Blended and virtual options also available.
Questions? Looking to request a MHFA training for your club, organization or department? Contact Katey Parsons at kateyparsons@mines.edu.

Mental Health First Aid will be offered Tuesday, October 18th from 8:30am-5:00pm in the Avery Room.

