Mines Drug and Alcohol Abuse Resource Guide

Recovery Support Groups

* Alcoholics Anonymous (12-step): 1(303) 322-5636

http://www.daccaa.org/meetings.htm

* Narcotics Anonymous (12-step): 1(303) 832-3784

http://www.nadenver.org

* Refuge Recovery (Buddhist-based)

http://www.refugerecovery.org/meetings-in/colorado/

* Celebrate Recovery (Christian-based)

<http://locator.crgroups.info>

* LifeRing (Secular)

<http://liferingcolorado.org/meetings/>

Alcoholics Anonymous

Statement of Purpose: **Alcoholics Anonymous** is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from **alcoholism**. The only requirement for **AA** membership is a desire to stop drinking.

Golden, CO meetings





Secular Alcoholics Anonymous

**Freethinkers in AA – open meeting THE SECULAR HUB
Monday  6:30-7:45 p.m. 3100 Downing St.
Saturday 9:30- 10:45 a.m. Denver, CO 80205 Contact:**[**freethinkersinaa@gmail.com**](https://mail.google.com/mail/?view=cm&fs=1&tf=1&to=freethinkersinaa@gmail.com) **Website:**[**www.freethinkersinaa.org**](http://www.freethinkersinaa.org/)

Refuge Recovery

Statement of Purpose: **Refuge Recovery** is a mindfulness-based addiction recovery community that practices and utilizes Buddhist philosophy as the foundation of the recovery process. Drawing inspiration from the core teachings of the Four Noble Truths, emphasis is placed on both knowledge and empathy as a means for overcoming addiction and its causes. Those struggling with any form of addiction greatly benefit when they are able to understand the suffering that addiction has created while developing compassion for the pain they have experienced. We hope to serve you, and meet you on the path.

**Denver**Contact: [Refugerecoverydenver@gmail.com](http://Refugerecoverydenver@gmail.com/)

Facebook: <https://www.facebook.com/Refuge-Recovery-Denver-Boulder-1450847561620241/>



Celebrate Recovery

Statement of Purpose: **Celebrate Recovery** is a biblical and balanced program that helps us overcome our hurts, hang-ups, and habits.  It is based on the actual words of Jesus rather than psychological theory.  26 years ago, Saddleback Church launched Celebrate Recovery with 43 people. It was designed as a program to help those struggling with hurts, habits and hang-ups by showing them the loving power of Jesus Christ through a recovery process. Celebrate Recovery has helped more than 21,000 people at Saddleback, attracting over 70% of its members from outside the church. Eighty-five percent of the people who go through the program stay with the church and nearly half serve as church volunteers.

Denver First Church of the Nazarene: Friday, 6:00pm

3800 E. Hampden Ave

Englewood, Colorado 80113

Contact Person - Lyle Cambell

Phone - (303) 941-9460

E-Mail - z1uncle@msn.com

Iglesia Amistad (Spanish): Friday, 7:00pm

1140 W Cluster Place

Denver, Colorado 80223

Contact Person - Martha Fuentes

Phone - 720-645-6573

E-Mail - marthaf29@gmail.com

Lakewood Church of Christ: Sunday, 6:30

455 S. Youngfield Court

Lakewood, Colorado 80228

Contact Person - Steve Curtis

Phone - 720-371-1269

E-Mail - sfcurtis@comcast.net

New Song Church and Ministries: Thursday, 7:00pm

8242 Pecos St

Denver, Colorado 80221

Contact Person - Elaine and John Duran

Phone - 303-650-5159

E-Mail - elaineduran77@gmail.com

NorthRock Church: Friday, 6:30pm

10100 Grant Street

Thornton, Colorado 80229

Contact Person - Jani Schott

Phone - 303-450-2809

E-Mail - recovery@northrockchurch.com

**Life Ring**

**Statement of Purpose: LifeRing Secular Recovery** is an abstinence-based, worldwide network of individuals seeking to live in recovery from addiction to alcohol or to other non-medically indicated drugs. In LifeRing, we offer each other peer-to-peer support in ways that encourage personal growth and continued learning through personal empowerment. Our approach is based on developing, refining, and sharing our own personal strategies for continued abstinence and crafting a rewarding life in recovery. In short, we are sober, secular, and self-directed.

SUN 7:30 PM
Exempla West Pines Treatment Center
3400 Lutheran Parkway, Wheat Ridge, CO 80233
Greg C. gchlumsky@gmail.com 303-250-9797

 MON 6:00 PM
Advocates for Recovery Colorado
6981 Federal Blvd, Denver, CO 80221
Jessica G. jessicagrace.jg11@gmail.com 720-209-6683

TUE 6:30 PM
St John’s Episcopal Cathedral – Library
1350 Washington St, Denver CO 80203
Lorraine H. hull.d.lorraine@gmail.com 303-699-2406

WED 6:00 PM
Saint Barnabus Episcopal Church
1280 Vine St, Room 210, Denver, CO 80206
Kathleen G. coloradolifering@gmail.com 303-319-2465

THURS 5:30 PM
Kaiser Permanente – Hidden Lake Medical Office (Rapids Room),
7701 Sheridan Blvd., Arvada, CO 80003
Rob C. kerimaki1968@aol.com 720-708-4840

THU 7:00 PM
LGBTQ Focused LR (Every 3rd Thursday of the month)
Highlands United Methodist Church
3131 Osceola St, Denver, CO 80212
Jud F. liferingdenver@gmail.com 720-422-9621

SAT 6:00 PM
Solace Counseling
6655 West Jewell Ave, #100, Lakewood, CO 80232
Dale O. arias154@aol.com 720.280.0836

Medical Facilities and Treatments

**Denver Health: (303) 436-4949**

* Adolescent Substance Abuse Treatment

<http://www.denverhealth.org/medical-services/mental-health-and-addiction-services/our-services/adolescent-substance-abuse-treatment>

* Denver CARES Detox and Drug and Alcohol Rehab

http://www.denverhealth.org/medical-services/mental-health-and-addiction-services/our-services/denver-cares-detox-and-drug-and-alcohol-rehab

* Methadone Clinic Opiate Addiction Treatment

http://www.denverhealth.org/medical-services/mental-health-and-addiction-services/our-services/methadone-clinic-opiate-addiction-treatment

* Addiction Recovery Center and Suboxone Treatment

http://www.denverhealth.org/medical-services/mental-health-and-addiction-services/our-services/addiction-recovery-center-and-suboxone-treatment

* Substance Abuse Recovery Program for Women and Families

<http://www.denverhealth.org/medical-services/mental-health-and-addiction-services/our-services/substance-abuse-recovery-program-for-women-and-families>

**Westpines (In-Patient and Recovery Center): (303) 467-4080**

http://www.westpinesrecovery.org

**Sandstone Care (Sober Living and Outpatient Centers):**

 **(720) 903-1941** http://www.sandstonecare.com/referral

**CeDar(In-Patient and Out-patient): (720) 848-3000**

www.cedarcolorado.org

 **Directory for Colorado Sober Livings, Detoxes, and Rehabs**

 1(800) 304-2219

 <http://www.addicted.org/sober-living-9.html>

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| Northstar Transitions  | Boulder, CO | Social Detox, RTC, Day Tx, IOP, OP, SL **(303) 558-6400**  https://www.northstartransitions.com/ | O: 303-558-6400  |
| Mile High Behavioral Healthcare | Denver, CO | IOP and OP (12-17yo, Women, Co-ed) **(303) 825-8113** http://www.milehighbehavioralhealthcare.org/ | O: 303-825-8113  |
| A New Outlook Counseling Services | Highlands Ranch, CO | OP, 1 day/week for 12-16 weeks **(720) 303-5216** | O: 720-303-5216 |
| Valley Hope of Denver and Parker | Denver, CO | medically-monitored detoxification, customized residential**(303) 694-3829**[http://www.valleyhope.org](http://www.valleyhope.org/) | O: 303-694-3829 |
| Sandstone Care | Denver, CO | IOP 13-30 years old**(888) 850-1890** | P: 888-850-1890 |
| CeDAR - UC Health | Aurora, CO | **(720) 937-9955** | P: 720-937-9955 |
| A Healing Place - The Estates | Camarillo, CA | Residential**(844) 388-4100**[http://www.ahealingplacetheestates.com](http://www.ahealingplacetheestates.com/) | P: 844-388-4100  |
| Community Reach Center | Thornton, CO | Child, Youth and Family Services, Adult and Senior Services**(303) 853-3790**[http://www.communityreachcenter.org](http://www.communityreachcenter.org/) | P: 303-853-3790 |
| Salvation Army - Harbor Light | Denver, CO | Male Residential**(720) 305-5670** | P: 720-305-5670 F: 303-296-0829 |
| Serenity Peak/Triple Peaks | Colorado Springs, CO | Male/Female Dual Diagnosis**(719) 528-3500**, **(719) 598-0245**, **(888) 506-9818**<http://peaksrecoveryservices.com/> | P: 888-506-9818 P: 719-528-3500 P: 719-598-0245 |
| Soulbase Couseling | Denver, CO | Private Counseling**(720) 306-9170**[http://www.soulbasecouseling.com](http://www.soulbasecouseling.com/) | P: 720-306-9170 |
| Denver Women's Recovery | Denver, CO | IOP**(888) 233-1553** https://www.denverwomensrecovery.com/ | P: 888-233-1553 |
| Sobriety House |  | Residential, IOP, OP**(720) 381-4337**[http://www.sobrietyhouse.org](http://www.sobrietyhouse.org/) | P: 720-381-4337 |
| Centura Health/Porter Adventist Hospital | Denver, CO | IOP**(720) 778-2115**https://www.centura.org/locations/porter-adventist-hospital | P: 720-778-2115 |
| West Pines Behavioral Health | Wheat RidgeCO Detox, Inpatient **(303) 467-4080** https://www.westpinesrecovery.org/ | P: 303-467-4080 |
| Red Rocks Recovery Center | Lakewood, CO | Outpatient/Sober Living**(888) 719-1097**[http://www.redrockrecoverycenter.com](http://www.redrockrecoverycenter.com/) | P: 888-719-1097  |
| Centennial Peaks Hospital | Louisville, CO | Detox, Residential, IOP, Youth**(303) 673-9990**[http://www.centennialpeaks.com](http://www.centennialpeaks.com/) | P: 303-673-9990 |
| Sobriety 1st Crew Recovery | Aurora, CO  | PHP, IOP, Relapse Prevention, Sober Living**(720) 476-3074**[http://www.sobriety1st.com](http://www.sobriety1st.com/) | P: 720-476-3074 |
| Highlands Behavioral Health System | Littleton, CO | Acute Stabilization, PHP and IOP for Adults and Youth**(720) 348-2805**[http://www.highlandsbhs.com](http://www.highlandsbhs.com/) | Admissions: 720-348-2805 |
| The Foundry Treatment Center | Steamboat Springs, CO | Detox, Residential, Transitional and IOP**(844) 955-1066**[http://www.foundrytreatmentcenter.com](http://www.foundrytreatmentcenter.com/) | P: 844-955-1066  |
| Jaywalker Lodge | Carbondale, CO  | Inpatient **(970) 704-9292** | P: 970-704-9292  |
| Oxford House | Multiple throughout CO | Sober Living[www.oxfordhouse.org](http://www.oxfordhouse.org) |  |

Additional Resources

**The Phoenix**-Sober Active Community

Mission Statement: The Phoenix offers a free sober active community to individuals who have suffered from a substance use disorder and to those who choose a sober life. Using a peer support model, we help members heal and rebuild their lives while also striving to eliminate stigma around recovery.

Goal: The goal of The Phoenix is to help as many people as possible find a clear path to recovery, so we make every effort to remove any barriers to getting involved with our community — this includes financial barriers. We host daily, FREE classes and events where **the only requirement to attend is at least 48 hours of continuous sobriety**. We also provide all necessary gear to make the activities accessible., as the equipment required for the disciplines we teach is often expensive and can deter people from taking up certain activities.

Events offered: Boxing, Climbing, CrossFit, Hiking & Camping, Mindfulness, Road & Mountain Biking, Running, Skiing & Snowboarding, Social Events, Strength Training, Yoga.

See <https://thephoenix.org/participate/> for more information on events in the Denver, Wheat Ridge, and Englewood areas.