



# AMERICAN MEDICAL WOMEN'S ASSOCIATION

*Our mission stands to advance women in medicine, advocate for equity, and ensure excellence in health care.*

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## What is AMWA?

### AMWA's Vision

A healthier world where women physicians achieve equity in the medical profession and realize their full potential.



### AMWA's History

- In 1915, at a time when women physicians were an underrepresented minority and in need of cooperative action by women in medicine, AMWA became the first national organization of women physicians.
- AMWA expanded its advocacy efforts internationally forming the first international organization of medical women, the Medical Women's International Association (MWIA).
- AMWA entered the political arena on behalf of women physicians fighting for policy reform that resulted in career advancement and leadership roles for women doctors.

### AMWA consists of four divisions:

*Premedical, Medical Student, Resident, and Physician,* that are here to guide you throughout your journey through medicine.

## How do I join?

### National

Become a national AMWA member by registering [here!](#)

- The cost of registration for premedical students is **\$20 per year** or a **one-time fee of \$55**
- We also offer **fee waivers** for students through an application on our website. Please click [here](#) for more information!
- Registration as a national member allows you to become involved in AMWA's many initiatives, as well as **putting your accomplishments and involvement onto a resume.**

### Regional

Join an AMWA branch at your school to get involved on a local scale. If there is no branch at your school, you are welcome to start one!

You can **start a branch** by:

- Visit the [Premedical "Start a New Branch" page](#) for detailed information.
- Reaching out to the corresponding Region Director and the VP of Recruitment for assistance through this process — view the Premedical Leadership page on the AMWA website for contact information.
- Email your Region Director, the VP of Recruitment, the President, and the President-Elect once your leadership, membership list, by laws, and constitution have been finalized.

# I've joined - Now, what?

## Premedical Division Blog

If you are particularly passionate about a certain topic and want the opportunity to share with premedical students from across the nation, consider writing a piece for our [Premedical Blog](#)!



Please contact the Premedical External Relations Chair ([externalrelations@amwa-premed.org](mailto:externalrelations@amwa-premed.org)) if you are interested in writing a piece for the Premedical Blog.

## Advocacy Initiatives

### *Premedical Advocacy Initiatives*

The Premedical Division launches and executes advocacy initiatives relevant to current issues, such as:

- **#AMWALearnsFromCOVID**, where we recognized the effects COVID has had on women.
- **#AMWASTandsWithYou**, where we recognized the prevalence of mental health issues and the “silent epidemics” amid COVID-19 and social justice movements in the United States.
- Visit [here](#) for more details!

We encourage our members to reach out to our leadership with any project ideas using this [form](#).

## Premedical Division Committees and Task Forces

### *Internal Premedical Committees*

- **Global Health Committee:** engage in student-led Global Health Projects.
  - Contact [globalhealth@amwa-premed.org](mailto:globalhealth@amwa-premed.org)
- **Conference Committee:** help plan the Annual National AMWA Conference.
  - Contact [conference@amwa-premed.org](mailto:conference@amwa-premed.org)
- **Program Committee:** Work with other AMWA members to develop programs and projects related to the growth of the Premedical Division
  - Contact [program@amwa-premed.org](mailto:program@amwa-premed.org)
- **Advocacy Committee:** help the Premedical Division with their advocacy efforts.
  - Contact: [advocacy@amwa-premed.org](mailto:advocacy@amwa-premed.org)



## National Committees and Task Forces

- To learn how to join the E-list visit [here](#)!
- List of Committees to Join:
  - Advocacy
  - American Women’s Hospitals Service
  - Anti-Racism
  - Caregiving
  - COVID Resources
  - Dance, Theater, and Medicine
  - Diversity and Inclusion
  - Domestic Violence Prevention
  - Film & Medicine
  - Gender Equity Task Force
  - Global Health
  - Graduate Medical Education
  - Gun Violence Prevention
  - HPV & Cervical Cancer Task Force,
  - International Medical Graduates
  - LGBTQ
  - Membership, Music & Medicine
  - Obesity Prevention
  - Opioid Epidemic
  - Physician (In)Fertility
  - Physician Re-Entry
  - Physician Wellness
  - Mental Health
  - Physicians Against the Trafficking of Humans (PATH)
  - Preventive Medicine
  - Sex and Gender Health Collaborative
  - Studio AMWA

## Professional Development

### Virtual Shadowing

Check out our social media and newsletter regarding when our *Virtual Shadowing* takes place!

We're working on an "attendance form" so that our members will be able to receive a certificate after attending several of our *Virtual Shadowing* events.

- Cardiology, Dr. Suzanne Feigofsky
- Anesthesiology, Dr. Amanda Xi
- Ophthalmology, Dr. Rupa Wong



### National Conference (March/April)

The annual AMWA conference where **all four divisions** attend and celebrate another year of AMWA.

This is a time for all AMWA members to regroup, attend AMWA hosted sessions, present their research and success throughout the year, and network with each other.

Our annual conferences are held at a location in the United States but due to COVID-19 restrictions for the past couple of years, the annual AMWA conference has been set virtually.

Visit [here](#) for more information!

### Premedical Leadership Opportunities

- Within committees/task forces
- Premedical National Board applications **open in late December/early January**. Keep an eye out!
- If you are interested in a particular position, reach out to our current leaders on board
  - Click [here](#) for contact information!
- Visit [Election Information Page](#)

### AMWA Mentorship Program

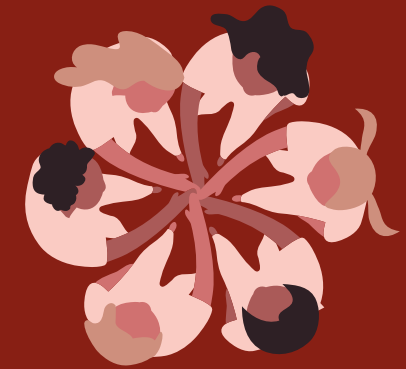
- The Premedical Division and the Medical Student Division work together to create a mentorship program between the two divisions.
- Our Mentorship Program applications run from **early September to early October**.
- Check out our social media and newsletter for more information on how to sign up!
- This is the current program in place for mentorship between the premedical and medical division before AMWA transitions to the new website platform.
- Contact: [mentorship@amwa-premed.org](mailto:mentorship@amwa-premed.org)

### Panels, Discussions & Workshops

- Diversity Panel
- "All About DO" Panel
- Racism in Medicine Discussions
- What Physicians Need to Know About COVID-19 Vaccination
- Mentorship: A Journey & Beyond
- To Treat or Not to Treat? How Older Age, and Sex and Gender Differences in Heart Disease and Cardiovascular Risk Impact Statin Therapy
- Resume Workshop and more!

### Internship Program

- Visit [here](#) to apply!
- Applications are accepted on a **rolling basis**.



### Benefits

- Partnerships
  - Medical School Admissions consulting
  - MCAT prep discounts + free resources
- Partners include MedSchoolCoach, Kaplan Test Prep, The Princeton Review, BeMo Academic Consulting, PrepMatch, Blueprint, AltisPrep, QuokkaBrew, + more!
  - Check out this [site](#) for more information!

### Awards

- The Premedical Division has over **15 awards granted** to phenomenal premedical members each year.
- These awards include **MCAT scholarships**, AMWA Student of the Year, and more!
- Visit [here](#) to explore all of the awards and scholarships.



Connect with us!

